



Remote
Health



HEALTH@WORK

Course materials

Technology and Data Management



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- **Understanding the Digital Transformation of Work**
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Understanding the Digital Transformation of Work

Digital Transformation & the Changing Workplace

- **Cloud ecosystems (e.g., SaaS, IaaS)** allow rapid deployment of enterprise systems.
- Industries are shifting from reactive to **predictive models**, e.g., in supply chain logistics and customer behavior.
- **Cross-functional collaboration** is driven by integrated platforms (Microsoft 365, Slack, Notion).



Technology Integration in Practice

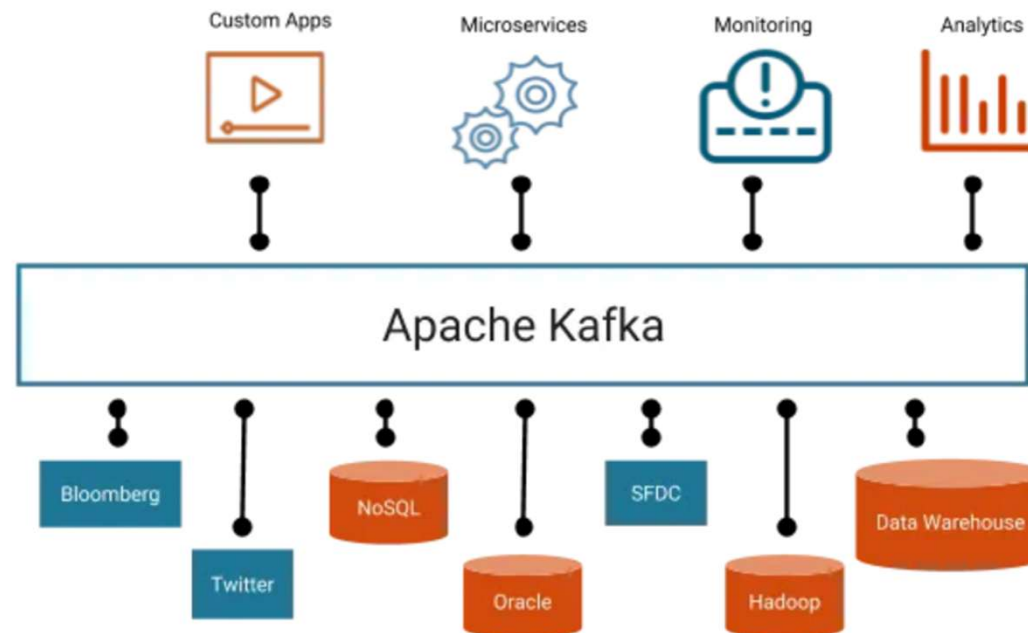
- IoT: Smart factories monitor machine performance in real time (e.g., Siemens MindSphere).
- Robotic Process Automation (RPA): Automates repetitive tasks like invoicing, scheduling, or data entry.
- Digital twin technology enables simulation-based design in engineering and maintenance.



Principles of Modern Data Management

The Enterprise Data Lifecycle

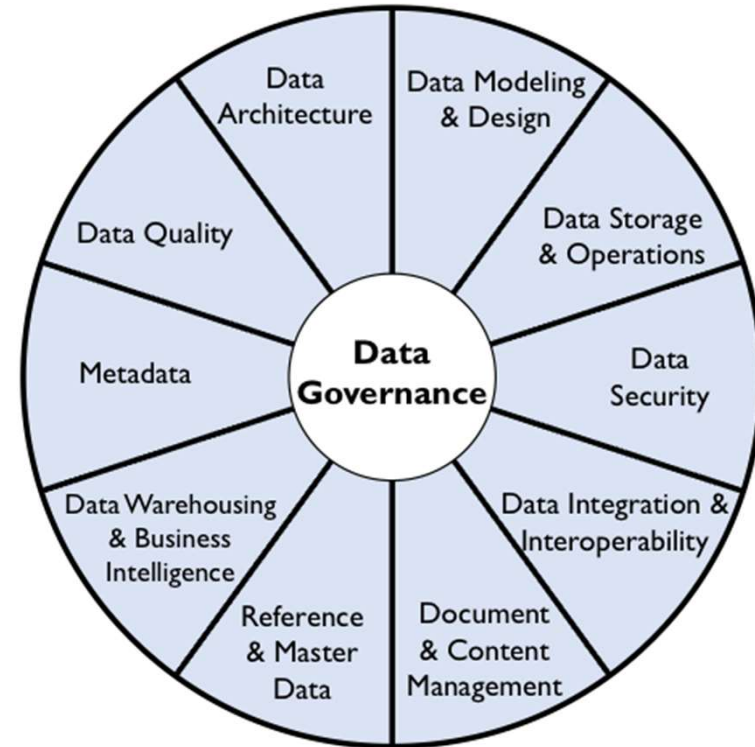
- Real-time data streaming (e.g., Apache Kafka) supports monitoring in fintech and healthcare.
- Lifecycle policies now include **Data Sovereignty**—respecting jurisdictional data laws.



Resource: <http://www.techmonks.org/kafka-terminology/>

Metadata, Structure & Governance

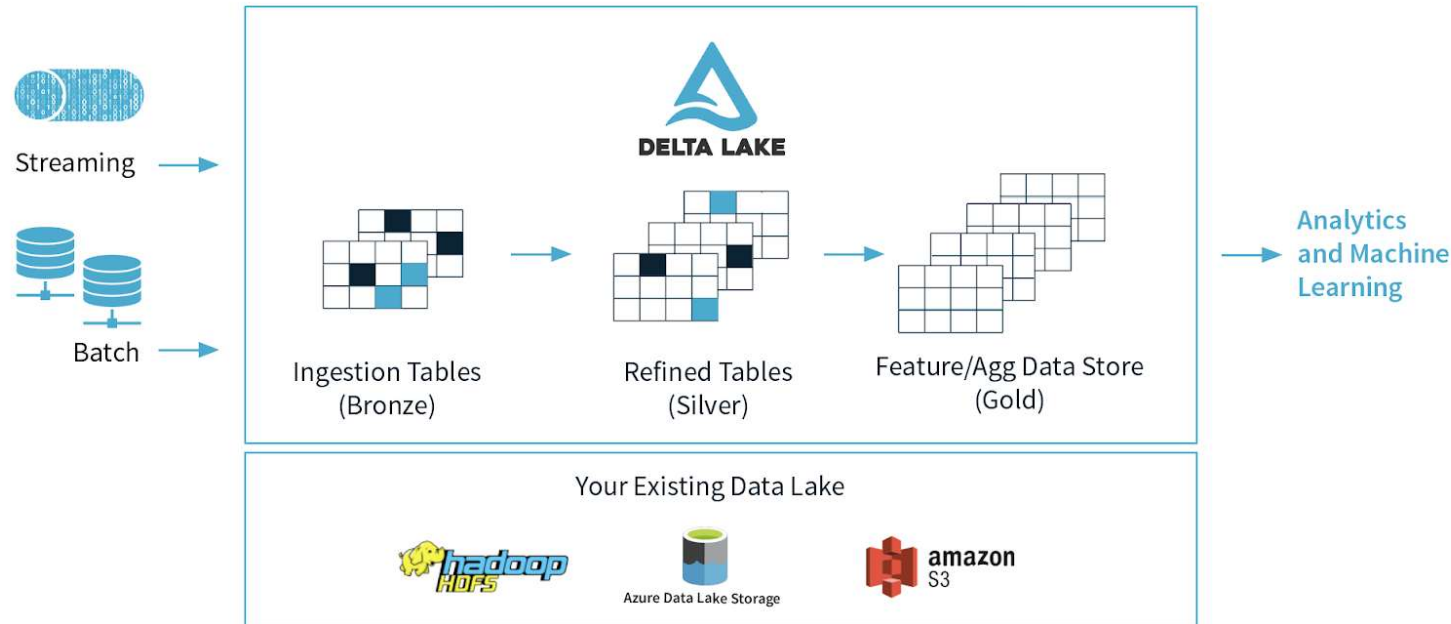
- Metadata examples: creation date, file format, owner, tags — critical in cataloging assets.
- Data governance frameworks:
 - **DAMA-DMBOK** for enterprise data strategy.
 - **COBIT 5** for aligning governance with business goals.
- Data Stewards vs Data Owners: Roles for oversight and accountability.



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Modern Data Architecture

- Lakehouse architecture (e.g., Delta Lake by Databricks): combines data warehouse + data lake.
- Importance of **data mesh**: federated, domain-oriented architecture; decentralizes ownership.
- ETL vs ELT processes, depending on compute location (data lake vs data warehouse).



Big Data and Artificial Intelligence in Practice

Big Data Characteristics

- Variety includes:
 - **Sensor data** (IoT),
 - **Geospatial data** (satellite/GIS),
 - **Multimodal inputs** (text + image + audio).
- Distributed processing tools: Hadoop, Spark, Flink for horizontal scalability.



Applied AI Techniques

- Deep learning vs. traditional ML: CNNs for image processing, RNNs/LSTMs for sequential data.
- Foundation models (e.g., GPT-4, BERT, Claude) drive generative AI capabilities.
- Tools like LangChain integrate LLMs into enterprise workflows (retrieval-augmented generation).

CNN vs. RNN: What are they and how do they differ?

	Convolutional neural network (CNN)	Recurrent neural network (RNN)
ARCHITECTURE	Feed-forward neural networks using filters and pooling	Recurring network that feeds the results back into the network
INPUT/OUTPUT	The size of the input and the resulting output are fixed (i.e., receives images of fixed size and outputs them to the appropriate category along with the confidence level of its prediction)	The size of the input and the resulting output may vary (i.e., receives different text and output translations—the resulting sentences can have more or fewer words)
IDEAL USAGE SCENARIO	Spatial data (such as images)	Temporal/sequential data (such as text or video)
USE CASES	Image recognition and classification, face detection, medical analysis, drug discovery and image analysis	Text translation, natural language processing, language translation, entity extraction, conversational intelligence, sentiment analysis, speech analysis

Real-World Use Cases

- Predictive analytics in manufacturing: downtime forecasting, energy efficiency.
- Smart retail: AI-based inventory prediction, heatmaps for customer behavior.
- HR analytics: Attrition risk models, promotion path analysis using historical data.



Data Ethics, Security, and Regulatory Frameworks

Privacy, Identity & Compliance

- **PII vs SPI (Sensitive Personal Info)**— know the legal distinctions.
- Privacy tools:
 - Data anonymization (e.g., k-anonymity, differential privacy),
 - Consent management platforms (OneTrust, TrustArc).
- Secure design principles: Secure by Design, Secure by Default.



Bias and Transparency in AI



- Bias can stem from:
 - Skewed training datasets,
 - Incomplete labeling,
 - Overfitting in model training.
- Transparency techniques:
 - Model interpretability tools (LIME, SHAP),
 - Audit logs for AI decisions.

Cybersecurity Fundamentals

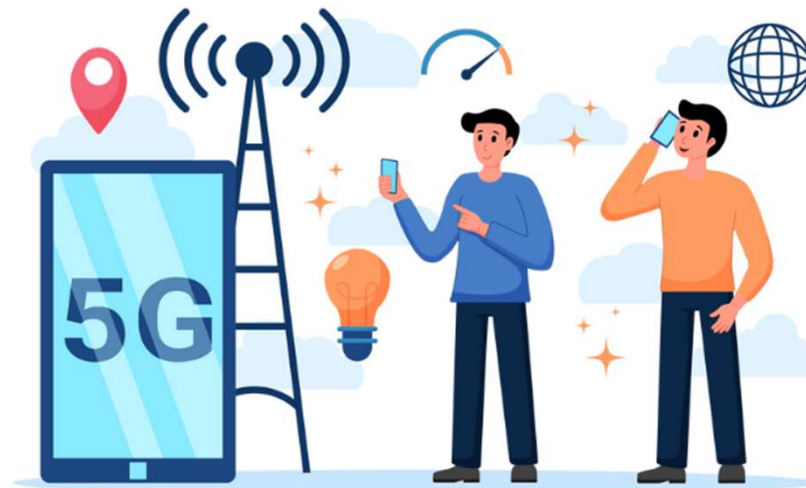
- Common attack vectors: phishing, SQL injection, man-in-the-middle.
- Cyber hygiene practices: endpoint security, MFA, regular audits.
- Incident response planning: detection, containment, eradication, recovery, post-mortem.



Trends Reshaping Work and Technology

Frontier Technologies

- Quantum computing promises **exponential processing gains** in optimization and simulation.
- 5G and Wi-Fi 6 facilitate **low-latency, high-throughput** applications in automation and streaming.
- Digital sustainability: AI models with lower carbon footprints (Green AI).



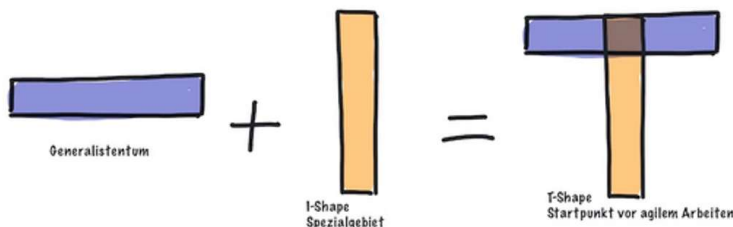
Data Literacy as a Core Competency

- Professionals must:
 - Understand data sources, pipelines, and limitations.
 - Use BI tools to extract actionable insights.
 - Communicate data findings with non-technical stakeholders.
- Data storytelling = data + narrative + visuals.



Future-Proofing the Workforce

T-Shape



Skill Modell

- Emphasis on **T-shaped skills**: depth in one area, breadth across disciplines.
- Emerging roles: Data ethicist, AI product manager, cloud reliability engineer.
- Upskilling paths: microcredentials, MOOCs (edX, Coursera), internal training academies.

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